

Knowing about different categories of drugs including medicines

Classing different drugs as legal/illegal – medicine/non-medicine – prescription/over-the-counter

Understanding that all drugs (even legal) can impact your health if used incorrectly



Medicines that are needed

Explore asthma and eczema and show how some people need medicines daily or even carry them with them at all times.

Discuss injections and vaccinations – the safety around needle use in medicine – and what to do if they find discarded needles.

Alcohol and Smoking

Explore the short-term and long-term impacts of alcohol and smoking (on the body, on the person's behaviour and on people around you).

Drugs and the Law

Work together in groups to discuss and decide whether certain situations fall within or outside English law. Draw their attention to www.talktofrank.com and www.drinkaware.co.uk for accurate and reliable data.

Awareness and Making Healthy Life Choices

Making the right choices when faces with: addiction, social influences and pressures.

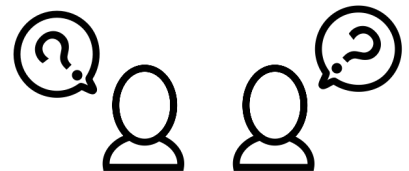
Why might a person decide to begin smoking or drinking? Challenge misconceptions of what they might experience at secondary school or who might be the 'typical' drug user.

I can feel confident in different situations if I know how to manage the risk and have skills to help me to avoid or manage them.



Questions for review:

- Something new I learned about cigarettes is...
- Something new I learned about alcohol is...
- Three reasons why some people use drugs are...
- Three things I learned about drugs and the law are...
- Three things I learned about managing influence from friends/media are...



Vocabulary Tier 2

drugs, legal, illegal, medicine, alcohol, smoking, prescription, influence

Vocabulary Tier 3

cigarette, vape, e-cigarette, laced, social influences



THINK IT.



BELIEVE IT.



LIVE IT.