



PSHE Knowledge Organiser Super Heroes!

What choices can I make to keep myself safe?

Year EYFS
Term Spring 2



Elements of keeping safe

Knowledge

Know who you can trust to talk to- your safety circle



Know rules of taking medicine- only when a grown up gives it to you. Never share with a friend.

Know body part word- penis, vagina, vulva.



Awareness

Difference between safe and unsafe touches- use Pantasaurus NSPCC



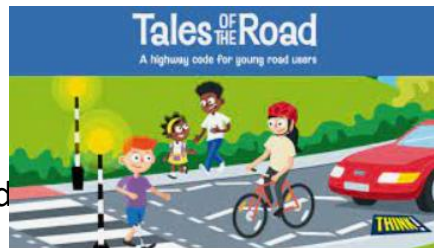
Difference between surprises and secrets- when are they OK to keep like a birthday surprise and when must you tell- when you feel uncomfortable about something.

What to do if you get lost or need help in an emergency? Finding a safe person to ask for help or calling 999.

How to keep safe near water- river, lake, sea, swimming pool, paddling pool.

Road Safety

Always stay with your adult- hold hands to cross.



Cross at a safe space, look left and right and listen too.

Personal Responsibility

- We are all responsible for taking care of ourselves.
- My body, my choice!
- Grown ups should help us to make safe choices.
- If you ever feel worried, speak to someone in your safety circle.

Vocabulary Tier 1

Safe, road, help, pants



Vocabulary Tier 2

Traffic, emergency, trusted adult, secret, surprise, medicine, sun safety, water safety, penis, vulva, vagina, emergency service, safety rules.

