



PSHE Knowledge Organiser Healthy and Safer Lifestyles - Managing Risk

Year 1 Spring 2



Safe Places



Your home.

School.

With your trusted adults.





What is an emergency and who helps?

An emergency is something that happens that we do not expect to happen We must act quickly to keep ourselves safe.



Trusted Adults Help.







Hospital/Doctors Help.

What to do in an emergency?

Stay Calm.

Call 999.

Explain what happened.

Tell them your name and address.

How might you feel in an emergency?

Scared

Anxious

Sad

Worried

Vocabulary Tier 2

Address Name

Worried

Sad

Trusted **Adults** Scared **Anxious**



Vocabulary Tier 3







